

## Synthesis and biodistribution study of liver-specific prostaglandin E<sub>1</sub> polymeric conjugate

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### Abstract

We synthesized a polymeric prodrug of prostaglandin E<sub>1</sub> (PGE<sub>1</sub>) using galactosylated poly-(L-glutamic acid) (Gal-PLGA) as a biodegradable and targetable carrier to the liver parenchymal cells. PLGA was reacted with ethylenediamine followed by coupling with 2-imino-2-methoxyethyl-1-thiogalactosides to obtain Gal-PLGA. PGE<sub>1</sub> was activated with *N,N'*-carbonyldiimidazole (CDI) then the PGE<sub>1</sub> ester obtained was attached to Gal-PLGA. After intravenous injection in mice at a dose of 1 mg/kg PGE<sub>1</sub> conjugates with Gal-PLGA (PGE<sub>1</sub>-PLGA-Gal) labeled with [<sup>111</sup>In] or [<sup>3</sup>H]PGE<sub>1</sub> rapidly accumulated in the liver up to 65 and 50% of the dose respectively. The hepatic uptake of [<sup>111</sup>In]PGE<sub>1</sub>-PLGA-Gal was remarkably inhibited by the co-administration of Gal-BSA indicating that the PGE<sub>1</sub> conjugates were taken up by the liver via the asialoglycoprotein receptor-mediated endocytosis. These findings suggest that PGE<sub>1</sub> can be effectively targeted to the liver parenchymal cells by covalently conjugating with Gal-PLGA. © 1997 Elsevier Science B.V.

*Keywords:* Prostaglandin E<sub>1</sub>; Galactosylated poly-(L-glutamic acid); Liver-specific drug carrier; Hepatitis; Conjugate; Asialoglycoprotein receptor

### 1. Introduction

PGE<sub>1</sub> is now clinically used for treating some diseases, such as peripheral vascular disturbance and skin ulcer. In addition, PGE<sub>1</sub> is also effective

on fulminant or subfulminant viral hepatitis (Sinclair and Levy, 1991) by means of its cytoprotectivity (Stachura et al., 1981; Ueda et al., 1987; Beck et al., 1993; Helling et al., 1995). However, long-term administration of PGE<sub>1</sub> is required for the treatment of the hepatitis due to its low hydrophilicity and low physiological stability

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(Monkhouse et al., 1973; Younger and Szabo, 1986). An autoradiographic study demonstrated that [ $^3\text{H}$ ]PGE<sub>1</sub> mainly distributed in the liver and kidneys (Hansson et al., 1965). However, it was reported as much as 80% of PGE<sub>1</sub> was metabolized and inactivated by  $\beta$ - or  $\omega$ -oxidation during the first passage through the lungs (Porst, 1996). Therefore, a proper drug delivery system (DDS) should be developed for delivering PGE<sub>1</sub> to the liver in an intact form, for preventing side effects, and for solubilizing in an aqueous solution. Some DDS approaches for PGE<sub>1</sub> have been investigated using cyclodextrins (Uekama et al., 1992), lipid microspheres (Igarashi et al., 1992; Katoh et al., 1992; Mizushima et al., 1993), liposomes (Rossetti et al., 1994; Willerson et al., 1994) and heparin conjugate (Jacobs et al., 1986). However, there are few studies on the hepatic targeting of PGE<sub>1</sub>, though the selective delivery of PGE<sub>1</sub> to the liver would increase the therapeutic availability of the drug against the hepatitis.

In the last few years, we have achieved the selective delivery of low-molecular weight drugs, proteins and polynucleotides to the liver via the sugar-recognizing receptors (Nishikawa et al., 1992, 1993, 1995a,b; Fujita et al., 1992a,b; Hirabayashi et al., 1996; Hashida et al., 1997; Mahato et al., 1997). Some galactosylated polymeric carriers synthesized using water-soluble polymers such as dextran, amylose and poly(L-glutamic acid) (PLGA) were proved to be useful for delivering drugs to liver parenchymal cells after intravenous injection (Nishikawa et al., 1993; Hirabayashi et al., 1996; Hashida et al., 1997). Furthermore, the pharmacological activity of vitamin K<sub>5</sub> was enhanced by conjugating to galactosylated PLGA (Gal-PLGA) (Hashida et al., 1997).

In this study, therefore, we applied Gal-PLGA as a carrier for PGE<sub>1</sub> to selectively deliver to liver parenchymal cells. PGE<sub>1</sub> was covalently conjugated with Gal-PLGA by condensation, and the biodistribution characteristics were investigated in mice after intravenous injection of PGE<sub>1</sub> conjugate labeled with either [ $^{111}\text{In}$ ] or [ $^3\text{H}$ ]PGE<sub>1</sub>.

## 2. Materials and methods

### 2.1. Chemicals

PLGA with an average molecular weight of approximately 15 000 was purchased from Sigma, St. Louis, MO. *D*-Galactose and ethylenediamine were obtained from Wako Pure Chemical, Osaka, Japan. Diethylenetriamine-*N,N,N',N'',N'''*-pentaacetic dianhydride (DTPA anhydride) and 1-ethyl-3-(3-dimethylaminopropyl)-carbodiimide hydrochloride (EDC) were obtained from Dojindo Laboratory, Kumamoto, Japan.  $^{111}\text{Indium}$  chloride was supplied from Nihon Medi-Physics, Takarazuka, Japan. Prostaglandin E<sub>1</sub> (PGE<sub>1</sub>) was obtained from Ono Pharmaceutical, Osaka, Japan. [5,6(*n*)- $^3\text{H}$ ]PGE<sub>1</sub> was purchased from Amersham Japan, Tokyo. All other chemicals were reagent grade products obtained commercially.

### 2.2. Animals

Male ddY mice (25–28 g) were obtained from the Shizuoka Agricultural Cooperative Association for Laboratory Animals, Shizuoka, Japan.

### 2.3. Synthesis and characterization of Gal-PLGA conjugate

#### 2.3.1. Synthesis of 2-imino-2-methoxyethyl-1-thiogalactoside (IME-thiogalactoside)

IME-thiogalactoside was prepared as described previously (Nishikawa et al., 1995a). Briefly, cyanomethyl-1-thiogalactoside was treated with 0.01 M sodium methoxide methanolic solution at room temperature for 24 h. The solvent was evaporated in vacuo. Resultant syrup was dissolved in 4 ml of 0.4 M borate buffer (pH 10) (Solution 1).

#### 2.3.2. Conjugation of PLGA and IME-thiogalactoside

PLGA (200 mg) was dissolved in 10 ml of distilled water. This was stirred in an ice bath at 0°C. Ethylenediamine (160  $\mu\text{l}$ ) was added to the above solution, and the pH of the mixture was adjusted to about 5.0 by addition of 1 N HCl.

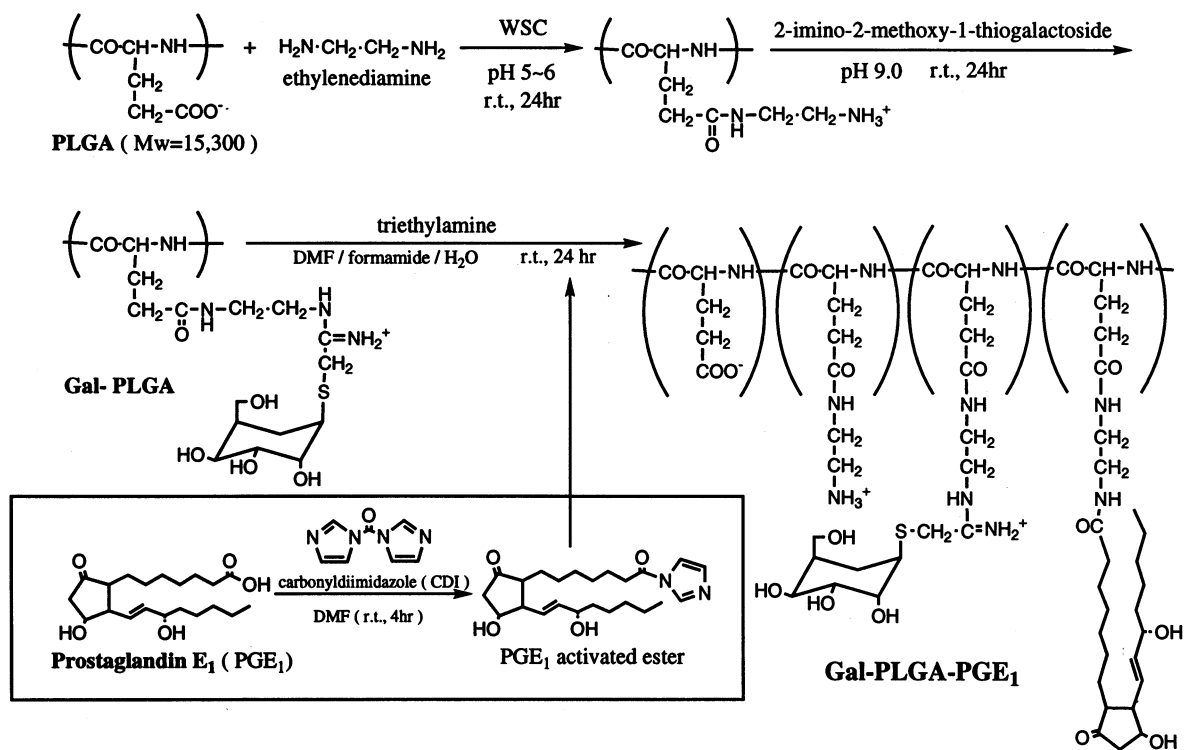


Fig. 1. Synthetic procedures of Gal-PLGA and PGE<sub>1</sub>-PLGA-Gal.

Then, EDC aqueous solution (450 mg/2 ml) was added into the mixture. The pH of the reaction mixture was kept at 5.0. The reaction was allowed to proceed overnight with stirring. The solution was transferred to dialysis tubing (12 kDa cut-off) and dialyzed against distilled water for 24 h. The dialyate was concentrated until 5 ml by ultrafiltration (10 kDa cut-off) (Solution 2).

Solution 1 was added dropwise into the Solution 2 and the pH of the mixture was maintained at about 10 by addition of 1 N HCl solution. After stirring for 10 h at room temperature, the reaction mixture was dialyzed against water for 48 h and the final solution was lyophilized (Gal-PLGA) (Fig. 1). The number of galactose residues in the derivative was determined by the anthrone-sulfuric acid method.

## 2.4. Synthesis of PGE<sub>1</sub>-PLGA-Gal conjugate

### 2.4.1. Activation of PGE<sub>1</sub>

PGE<sub>1</sub> activated ester was prepared by car-

bonyldiimidazole (CDI) method. PGE<sub>1</sub> (10 mg, 28.2 μmol) was dissolved in 0.5 ml of dry dimethylformamide (DMF) and chilled at 0°C. Then, CDI (5 mg, 30.8 μmol in 0.5 ml DMF) was added dropwise to the above solution with stirring. The reaction was maintained at 0°C for 10 min, and then at room temperature for 4 h. Radioactive PGE<sub>1</sub> activated ester was also prepared according to the same method using a trace amount of [<sup>3</sup>H]PGE<sub>1</sub>.

### 2.4.2. Coupling of activated PGE<sub>1</sub> and Gal-PLGA

Fifty milligrams of Gal-PLGA was dissolved in 4 ml of DMF/formamide/H<sub>2</sub>O (1:2:1 (v/v/v)) solution. Reaction mixture obtained above (PGE<sub>1</sub>, activated ester) and triethylamine (5 μl) were slowly added to the solution. After stirring over night at 4°C the solution was dialyzed exhaustively against water for 48 h at 4°C followed by ultrafiltration and lyophilization (Fig. 1).

### 2.5. $^{111}\text{In}$ -labeling of PLGA derivatives

PLGA derivatives were radiolabeled with  $^{111}\text{In}$  using DTPA anhydride as described previously (Nishikawa et al., 1995a). Each radiolabeled derivative was purified by gel-filtration chromatography using a Sephadex G-25 column ( $1.5 \times 5.0$  cm 0.1 M acetate buffer (pH 6.0) and determined to have a specific activity of approx. 37 MBq/mg.

### 2.6. Quantification of PGE<sub>1</sub> covalently bound to Gal-PLGA

The PGE<sub>1</sub> amount in the unlabeled PGE<sub>1</sub>-PLGA-Gal conjugate was quantified for the PGE<sub>1</sub> to PGB<sub>1</sub> degradation. PGE<sub>1</sub> undergoes a base-catalyzed dehydration and rearrangement to form PGB<sub>1</sub> ( $\lambda_{\text{max}} = 282$  nm,  $\varepsilon = 20\,400/\text{M}$  per cm). PGE<sub>1</sub>-PLGA-Gal aqueous solution (2 mg/ml) was prepared in a sample tube following addition of 0.6 ml of 5 M NaOH. After 15 min at room temperature the absorbance at 282 nm was measured on a UV spectrophotometer since there was no further increase in the absorbance when the solution was incubated for more than 15 min. The amount of [ $^3\text{H}$ ]PGE<sub>1</sub> in [ $^3\text{H}$ ]PGE<sub>1</sub>-PLGA-Gal was estimated from the  $^3\text{H}$ -radioactivity of the conjugate.

### 2.7. Biodistribution experiment

Mice received a 1 mg/kg dose of [ $^{111}\text{In}$ ]PLGA, [ $^{111}\text{In}$ ]Gal-PLGA, [ $^3\text{H}$ ]PGE<sub>1</sub>-PLGA-Gal or a 0.026 mg/kg dose of [ $^3\text{H}$ ]PGE<sub>1</sub> in saline by tail vein injection and were housed in metabolic cages for urine collection. At appropriate intervals after injection, blood was collected from the vena cava under ether anesthesia and plasma was obtained by centrifugation. The heart, lungs liver, spleen, kidneys and muscle were excised, rinsed with saline, weighed, and examined for radioactivity. The amount of radioactivity in urine was determined by collecting urine both excreted and remaining in the bladder.  $^{111}\text{In}$  radioactivity was counted by a well-type NaI scintillation counter (ARC-500,

Aloka, Tokyo). And the radioactivity of  $^3\text{H}$  was measured using a liquid scintillation counter (LSC-5000, Beckman, Tokyo) after dissolution with Soluene-350 (Packard, Netherlands) and added with a scintillation medium Clear-sol I (Nakalai Tesque, Tokyo). Radioactivity originating from the plasma in each tissue sample was corrected using the distribution data of [ $^{111}\text{In}$ ]BSA at 10 min after intravenous injection (Nishikawa et al., 1995b), assuming that [ $^{111}\text{In}$ ]BSA was not taken up by tissues during the 10-min period.

### 2.8. Pharmacokinetic analysis

Tissue distribution patterns of [ $^{111}\text{In}$ ]PLGA derivatives were evaluated from the organ uptake clearance ( $\text{CL}_{\text{org}}$ ) according to the method previously reported (Takakura et al., 1987). In the early period after injection, the efflux of  $^{111}\text{In}$  radioactivity from organs is assumed to be negligible since the degradation products of  $^{111}\text{In}$ -labeled ligands using DTPA cannot easily pass through biological membranes (Arano et al., 1994; Duncan et al., 1993). With the assumption described above,  $\text{CL}_{\text{org}}$  was calculated by dividing the amount of radioactivity in an organ at 10 min by the area under the plasma concentration-time curve (AUC) up to the same time point. AUC and the total-body clearance ( $\text{CL}_{\text{total}}$ ), were calculated by fitting an equation derived from a linear one- or two-compartment open model to the plasma concentration data of the derivatives using the nonlinear least-square program MULTI (Yamaoka et al., 1981).

### 2.9. Simultaneous administration of PLGA derivatives and BSA derivatives

[ $^{111}\text{In}$ ]Gal-PLGA or [ $^{111}\text{In}$ ]PGE<sub>1</sub>-PLGA-Gal was injected at a dose of 1 mg/kg with galactosylated bovine serum albumin (Gal-BSA) or succinylated BSA (Suc-BSA) at a dose of 10 mg/kg. At 10 min after injection, plasma and liver were sampled and subjected to assay for radioactivities. Differences in radioactivity distribution were statistically evaluated by Student's *t*-test.

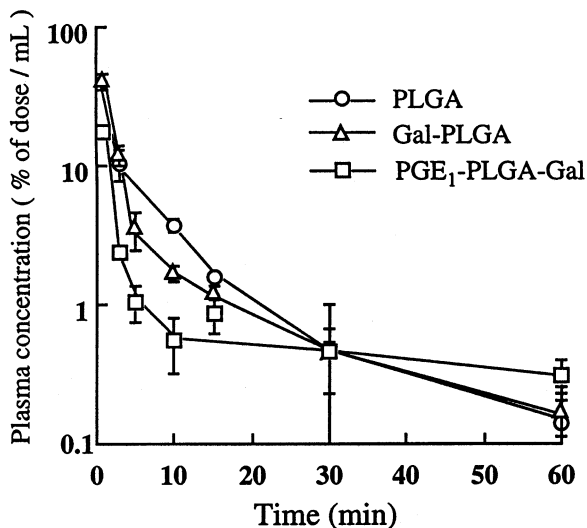


Fig. 2. Plasma concentration and liver accumulation-time courses of  $^{111}\text{In}$ -labeled PLGA derivatives after intravenous injection in mice at a dose of 1 mg/kg. Results are expressed as the mean  $\pm$  S.D. of three mice.

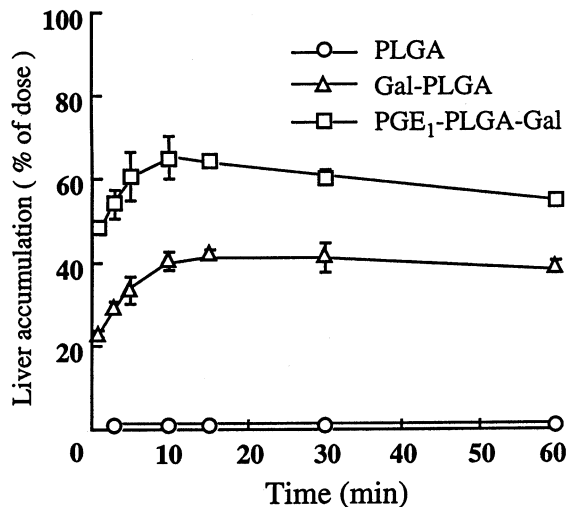
### 3. Results

#### 3.1. Physicochemical characteristics of Gal-PLGA and PGE<sub>1</sub>-PLGA-Gal

The synthesized Gal-PLGA contained 17 galactose residues per PLGA. This derivative was used for synthesizing PGE<sub>1</sub> conjugates. The numbers of PGE<sub>1</sub> in the conjugates were determined to be 1.6 and 0.032 per PGE<sub>1</sub>-PLGA-Gal and [ $^3\text{H}$ ]PGE<sub>1</sub>-PLGA-Gal respectively.

#### 3.2. Plasma clearance and tissue distribution of [ $^{111}\text{In}$ ]PLGA, [ $^{111}\text{In}$ ]Gal-PLGA and [ $^{111}\text{In}$ ]PGE<sub>1</sub>-PLGA-Gal

Fig. 2 shows the concentrations in the plasma and the amounts in the liver of [ $^{111}\text{In}$ ]PLGA, [ $^{111}\text{In}$ ]Gal-PLGA and [ $^{111}\text{In}$ ]PGE<sub>1</sub>-PLGA-Gal after intravenous injection in mice. All of them were rapidly cleared from the circulation and the amounts recovered in the liver were 1, 42 and 65% of the dose at 10 min after injection for [ $^{111}\text{In}$ ]PLGA, [ $^{111}\text{In}$ ]Gal-PLGA, and [ $^{111}\text{In}$ ]PGE<sub>1</sub>-PLGA-Gal, respectively. The amounts of [ $^{111}\text{In}$ ]PGE<sub>1</sub>-PLGA-Gal recovered in the liver were higher than those of [ $^{111}\text{In}$ ]Gal-PLGA at any time points studied.



#### 3.3. Plasma clearance and tissue distribution of [ $^3\text{H}$ ]PGE<sub>1</sub> and [ $^3\text{H}$ ]PGE<sub>1</sub>-PLGA-Gal

Fig. 3 shows the concentration in plasma and the amounts in tissues of [ $^3\text{H}$ ]PGE<sub>1</sub> and [ $^3\text{H}$ ]PGE<sub>1</sub>-PLGA-Gal after intravenous injection in mice. [ $^3\text{H}$ ]PGE<sub>1</sub> was rapidly eliminated from the circulation and excreted in urine after accumulation in the kidneys and the liver. Although 35% of [ $^3\text{H}$ ]PGE<sub>1</sub> administered was detected in the liver at 1 min after injection the radioactivity in the liver rapidly eliminated.

After intravenous injection [ $^3\text{H}$ ]PGE<sub>1</sub>-PLGA-Gal was also accumulated in the liver up to about 50% of the dose within 10 min. There were no significant recovery of radioactivity in other tissues sampled and urine except for the kidneys. The distribution characteristics of [ $^3\text{H}$ ]PGE<sub>1</sub>-PLGA-Gal were comparable to those of [ $^{111}\text{In}$ ]Gal-PLGA indicating that PGE<sub>1</sub> would not be released from the carrier Gal-PLGA before delivered to the liver parenchymal cells.

#### 3.4. Pharmacokinetic analysis of PLGA derivatives

Table 1 summarizes the clearance values for liver ( $\text{CL}_{\text{liver}}$ ), kidney ( $\text{CL}_{\text{kidney}}$ ), urine ( $\text{CL}_{\text{urine}}$ ),

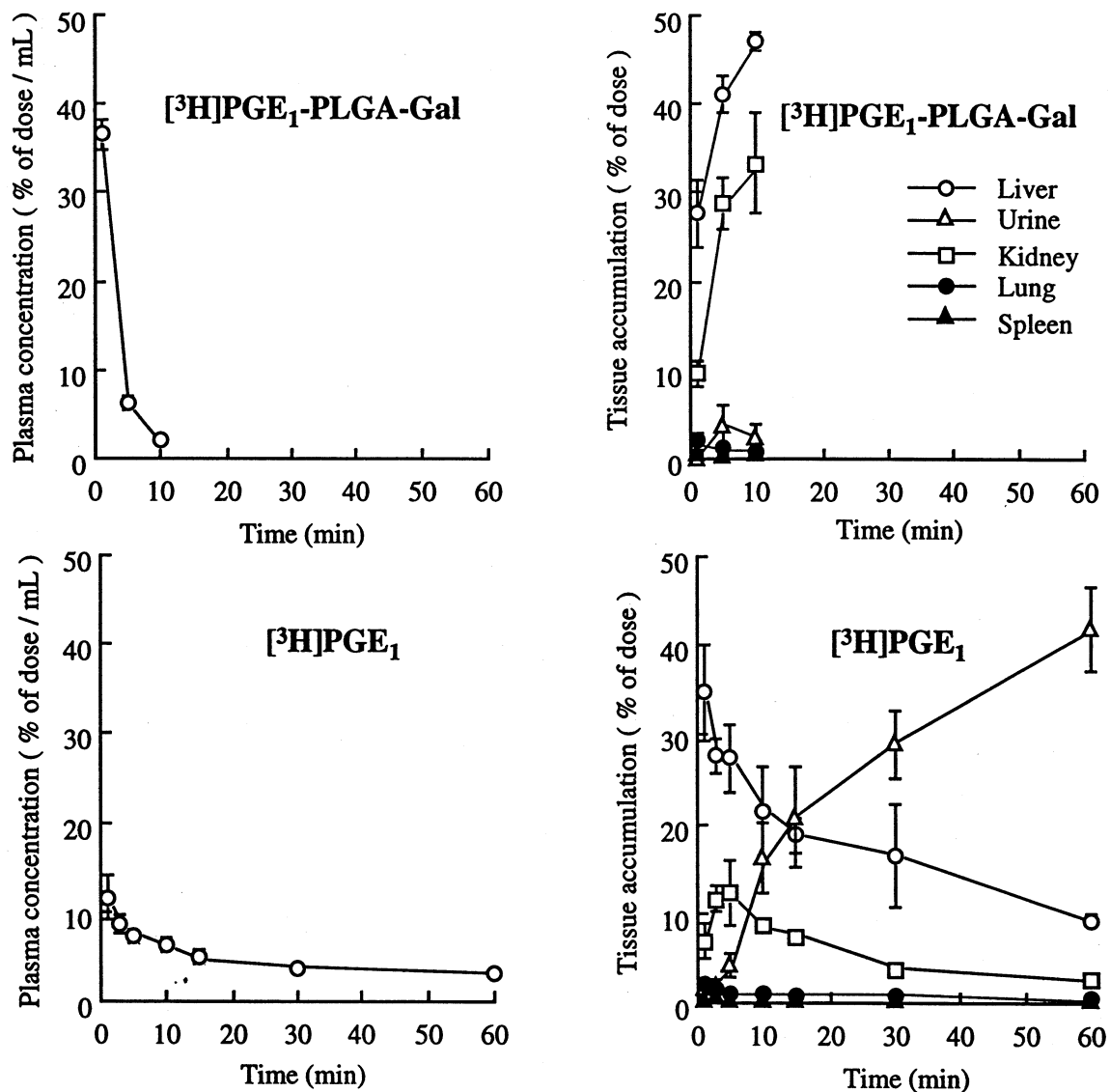


Fig. 3. Plasma concentration and tissue accumulation-time courses of  $^3\text{H}$ -labeled  $\text{PGE}_1$ -PLGA-Gal and  $^3\text{H}$ -labeled  $\text{PGE}_1$  after intravenous injection in mice at a dose of 1 and 0.026 mg/kg respectively. Results are expressed as the mean  $\pm$  S.D. of three mice.

spleen ( $\text{CL}_{\text{spleen}}$ ), lung ( $\text{CL}_{\text{lung}}$ ),  $\text{CL}_{\text{total}}$ , and the AUC of each compound calculated from the results of in vivo distribution experiments.  $^{111}\text{In}$ Gal-PLGA  $^{111}\text{In}$ PGE<sub>1</sub>-PLGA-Gal and  $^3\text{H}$ PGE<sub>1</sub>-PLGA-Gal showed high  $\text{CL}_{\text{liver}}$  but that of  $^{111}\text{In}$ PGE<sub>1</sub>-PLGA-Gal was higher than those of other two derivatives. Most of pharmacokinetic parameters, such as  $\text{CL}_{\text{liver}}$ ,  $\text{CL}_{\text{kidney}}$ , and

$\text{CL}_{\text{total}}$  of  $^3\text{H}$ PGE<sub>1</sub>-PLGA-Gal were close to those of  $^{111}\text{In}$ Gal-PLGA.

### 3.5. Competitive inhibition of hepatic uptake of $^{111}\text{In}$ PLGA derivatives by BSA derivatives

Table 2 summarizes the plasma concentration and liver accumulation of  $^{111}\text{In}$ Gal-PLGA and

Table 1  
AUC and clearance for  $^{111}\text{In}$  or  $^3\text{H}$ -labeled PLGA derivatives after intravenous injection in mice at a dose of 1 mg/kg

Compounds	AUC (% of dose h/ml)	Clearance ( $\mu\text{l/h}$ )					
		$\text{CL}_{\text{total}}$	$\text{CL}_{\text{liver}}$	$\text{CL}_{\text{kidney}}$	$\text{CL}_{\text{urine}}$	$\text{CL}_{\text{spleen}}$	$\text{CL}_{\text{lung}}$
$^{111}\text{In}$ ]PLGA	2.15	46 500	640	7870	18 000	6.0	83.0
$^{111}\text{In}$ ]Gal-PLGA	1.97	50 900	21 300	15 800	1880	25.0	61.0
$^{111}\text{In}$ ]PGE <sub>1</sub> -PLGA-Gal	1.22	81 700	56 000	8450	5520	17.0	52.0
$^3\text{H}$ ]PGE <sub>1</sub> <sup>a</sup>	1.76	56 700	17 200	6890	12 900	192.0	786.0
$^3\text{H}$ ]PGE <sub>1</sub> -PLGA-Gal	2.24	44 700	21 500	15 100	1040	287.0	373.0

<sup>a</sup> PGE<sub>1</sub> was injected in mice at a dose of 0.026 mg/kg.

$^{111}\text{In}$ ]PGE<sub>1</sub>-PLGA-Gal administered with Gal-BSA or Suc-BSA. Co-administration of Gal-BSA reduced the amounts of  $^{111}\text{In}$ ]Gal-PLGA and  $^{111}\text{In}$ ]PGE<sub>1</sub>-PLGA-Gal recovered in the liver from 44 to 19% and from 59 to 26% respectively. Both  $^{111}\text{In}$ -labeled derivatives showed higher concentrations in plasma at 10 min after injection when administered with Gal-BSA probably due to the saturation of the hepatic uptake mediated by the asialoglycoprotein receptor. On the other hand the distribution patterns of both  $^{111}\text{In}$ ]Gal-PLGA and  $^{111}\text{In}$ ]PGE<sub>1</sub>-PLGA-Gal were not affected by the simultaneous injection of Suc-BSA, a ligand taken up by the liver via the scavenger receptor-mediated endocytosis (Takakura et al., 1994).

#### 4. Discussion

PLGA can be a promising carrier for drugs since it is biodegradable, highly soluble in water and it has many carboxyl groups that are easily modified chemically, and low immunogenicity and low toxicity. The molecular weight of PLGA (15 kDa) was chosen for suppressing non-specific uptake by various tissues. Although the molecular weight of Gal-PLGA was not determined, a GPC analysis showed there was not a large difference in the molecular weights of PLGA and Gal-PLGA. In the previous study, the  $\text{CL}_{\text{liver}}$  of Gal-PLGAs were highly dependent on the number of galactose residues per PLGA molecule, suggesting that the hepatic targetability of the carrier could be controlled by its galactose content: 16 or more galac-

tose residues were required for PLGA (25 kDa) to possess large  $\text{CL}_{\text{liver}}$  (Hirabayashi et al., 1996). Gal-PLGA used in this study, therefore, can be considered to have enough number or density of galactose residues to be targeted to liver parenchymal cells.

The CDI method would be a very effective approach to activate PGE<sub>1</sub> since CDI is highly reactive to the carboxyl group of PGE<sub>1</sub> even at low temperature. When PGE<sub>1</sub> was activated and conjugated to Gal-PLGA, inactive gaseous carbon dioxide and imidazole were generated as by-products (Anderson and Paul, 1958), which would promote the conjugation reaction as a base catalyst. The low  $^3\text{H}$ ]PGE<sub>1</sub> content of  $^3\text{H}$ ]PGE<sub>1</sub>-PLGA-Gal (0.032 mol PGE<sub>1</sub> per mol conjugate) was probably caused by water contained in the  $^3\text{H}$ ]PGE<sub>1</sub> solution purchased (ethanol/water (7:3) solution).

After intravenous injection,  $^{111}\text{In}$ ]Gal-PLGA,  $^{111}\text{In}$ ]PGE<sub>1</sub>-PLGA-Gal and  $^3\text{H}$ ]PGE<sub>1</sub>-PLGA-Gal were rapidly accumulated in the liver (Fig. 2 and Fig. 3). The asialoglycoprotein receptor should be involved in their hepatic uptake since the amounts of both  $^{111}\text{In}$ -labeled compounds were reduced by the co-injection of an excess amount of Gal-BSA, a well-known ligand for the receptor (Klantz et al., 1976; Nishikawa et al., 1992).  $^3\text{H}$ ]PGE<sub>1</sub>-PLGA-Gal was also accumulated in the kidneys up to about 35% of the dose (Fig. 3). This distribution feature was also observed for  $^{111}\text{In}$ ]PLGA,  $^{111}\text{In}$ ]Gal-PLGA and  $^{111}\text{In}$ ]PGE<sub>1</sub>-PLGA-Gal and would be explained by the reabsorption at the proximal tubules after the glomerular filtration (Hirabayashi et al., 1996; Mihara et al., 1994).

Table 2  
Competitive inhibition of hepatic uptake of  $^{111}\text{In}$ -labeled Gal-PLGA and PGE<sub>1</sub>-PLGA-Gal by Gal-BSA or Suc-BSA<sup>a</sup>

Compounds (1 mg/kg)	Inhibitor (10 mg/kg)	Plasma concentration (% of dose/ml)	Liver accumulation (% of dose)
Gal-PLGA	None	0.59 ± 0.12 <sup>b</sup>	43.9 ± 3.7
	Gal-BSA	2.61 ± 0.39*	18.7 ± 0.2*
	Suc-BSA	0.71 ± 0.02	43.1 ± 1.3
PGE <sub>1</sub> -PLGA-Gal	None	0.76 ± 0.04	59.4 ± 1.2
	Gal-BSA	3.42 ± 1.02	26.2 ± 2.8*
	Suc-BSA	0.75 ± 0.20	59.6 ± 1.4

<sup>a</sup> Radiolabeled compound (1 mg/kg) was injected with an inhibitor (10 mg/kg), and the plasma concentration and liver accumulation of radiolabeled compound were assayed 10 min after injection.

<sup>b</sup> Results are expressed as the mean ± S.D. of three mice.

\* Statistically significant difference based on Student's *t*-test ( $p < 0.02$ ) as compared with each control.

Renal accumulation of PGE<sub>1</sub> conjugates could be suppressed by increasing the molecular weight of PLGA.

The  $\text{CL}_{\text{liver}}$  of [ $^{111}\text{In}$ ]PGE<sub>1</sub>-PLGA-Gal was higher than that of [ $^{111}\text{In}$ ]Gal-PLGA (Table 2). This finding could be explained by two factors. One is the difference in their molecular weights. A GPC analysis showed that the peak start point of time of PGE<sub>1</sub>-PLGA-Gal in its chromatogram was earlier than that of Gal-PLGA (data not shown). The other possibility is the effect of PGE<sub>1</sub> conjugated to Gal-PLGA. The conformation of Gal-PLGA chain could be changed by the conjugation of PGE<sub>1</sub>. In addition the recognition of PGE<sub>1</sub> on Gal-PLGA by the PGE receptor on hepatocytes may play a role in increasing  $\text{CL}_{\text{liver}}$  (Smigel and Fleischer, 1974, 1977; Garrity et al., 1987). This is not the case for [ $^3\text{H}$ ]PGE<sub>1</sub>-PLGA-Gal since only 0.032 molecule of PGE<sub>1</sub> was attached to Gal-PLGA molecule when [ $^3\text{H}$ ]PGE<sub>1</sub> was used in the conjugation.

Tissue distribution of [ $^3\text{H}$ ]PGE<sub>1</sub>-PLGA-Gal was very similar to that of [ $^{111}\text{In}$ ]Gal-PLGA (Fig. 2 and Fig. 3). In addition pharmacokinetic parameters of [ $^3\text{H}$ ]PGE<sub>1</sub>-PLGA-Gal were comparable to those of the carrier molecule (Table 1). These results suggest that the *in vivo* fate of PGE<sub>1</sub> is controlled by the distribution properties of the carrier Gal-PLGA and that PGE<sub>1</sub> can be efficiently delivered to the liver before released from the carrier. Although free [ $^3\text{H}$ ]PGE<sub>1</sub> was also rapidly distributed to the liver after intravenous

injection most of PGE<sub>1</sub> should be metabolized on passage through the pulmonary circulation (Porst, 1996). The PGE<sub>1</sub> conjugated to Gal-PLGA could be prevented from the enzymatic metabolism in the lungs because of the steric hindrance of the carrier molecule. And, therefore, it could reach the liver prior to its degradation. Although the fate of PGE<sub>1</sub>-PLGA-Gal after being taken up by the liver parenchymal cells has not clarified yet the degradation characteristic of Gal-PLGA would help PGE<sub>1</sub> to be released from the carrier molecule. PGE<sub>1</sub> will probably show its cytoprotective activity through the binding to its receptor. Therefore, it should be released from the carrier after being delivered to the liver parenchymal cells. Although the release of PGE<sub>1</sub> from Gal-PLGA would help PGE<sub>1</sub> to be released from the carrier as PGE<sub>1</sub>- or PGE<sub>1</sub>-amino acid derivative. PGE<sub>1</sub> released should be metabolized in the cells as injected in a free form but the increased amount of PGE<sub>1</sub> could enhance its cytoprotectivity against several liver failures. Anyway, the intracellular behavior of conjugate and the release of PGE<sub>1</sub> as well as the stability of PGE<sub>1</sub> conjugates must be investigated thoroughly.

## 5. Conclusions

A PGE<sub>1</sub> polymeric conjugate was successfully synthesized by CDI method using Gal-PLGA as a targetable carrier to liver parenchymal cells. PGE<sub>1</sub>



could be targeted to the liver via the asialoglycoprotein receptor-mediated endocytosis before released from the carrier. These findings will support the possibility of PGE<sub>1</sub>-PLGA-Gal as a therapeutic agent for fulminant viral hepatitis.

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